There are several things that you should bring to your infusion appointment. Ask your doctor or healthcare professional if you need to bring anything specific.

✔️ **Before Your Infusion**

The following items may be needed for front desk check-in and your general health assessment:

- Your insurance card
- Your medical history and a list of medications you are currently taking
- Any necessary paperwork if your infusion is in a location other than your doctor’s office
- A notepad to take notes or write down any questions you may have

✔️ **During Your Infusion**

Feel free to bring items that can help you pass the time during your infusion. Some centers have televisions and magazines, but you may also bring:

- Blankets
- Comfortable, layered clothes that you can adjust if you become warm or cool
- Phone or tablet loaded with music or movies
- Laptop computer — many infusion centers offer free Wi-Fi access
- Headphones to listen to music or watch movies
- Books, puzzles, games, pencil, or pen
- Water and snacks. Call your infusion center to learn if there are any restrictions about bringing food or beverages. Some centers may even provide snacks